



# Community Sports Festival

Southend Leisure and Tennis Centre

10:00am – 4:00pm, Sunday 14th June, 2009



Be part of this exciting event, inviting you to try different sports, **FREE OF CHARGE**. All sports sessions are run by qualified coaching staff.

**Try different sports**

**Open to disabled and able bodied**

Booking is recommended

Call **01702 215612** or **01702 215163**.

Please see the reverse side of this leaflet, which shows all times and sports available on the day.

Supported by Southend's Legacy 2012.





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## Morning sessions:

Three separate 45 minute sessions.

10am, 11am and 12:00pm

SPORT	LOCATION	AGE RANGE
Fencing	Secondary hall	7+
Mini tennis	Tennis hall	5+
Tennis	Tennis hall	18+
Badminton	Main sports hall	7+
Table tennis	Main sports hall	7+
Judo	Main sports hall	5+
Fit for Life	Main sports hall	All ages
Goalball	Function Suite	8+

## Afternoon sessions:

Three separate 45 minute sessions.

1:00pm, 2:00pm and 3:00pm

SPORT	LOCATION	AGE RANGE
Fencing	Secondary hall	7+
Tennis	Tennis hall	18+
Football	Main sports hall	7+
Table tennis	Main sports hall	7+
Judo	Main sports hall	5+
Goalball	Function Suite	8+